

STACKFORGE STUDIOS

One Good Thing

One small good thing. Every day. No guilt attached.



LIFESTYLE | APP STORE ID 6789321216

THE CORE ACTION

Choose one small action each day at a Tiny, Steady, or Bold effort level, then record what you did privately.

Why people return

A year of thoughtful prompts, a private journal, gentle reminders, and a grove that grows when you show up.

Product promise

Free forever and deliberately pressure-free. No subscription, no guilt loop, and nothing to buy.

Best-fit audience

People seeking a private, pressure-free daily kindness and self-improvement practice.

stackforgestudios.com/products/one-good-thing/

<https://apps.apple.com/us/app/one-good-thing-daily-kindness/id6789321216>

Press: hello@stackforgestudios.com

